

Inclusion in Sport

UPDATE

All Abilities Soccer - Phillip Island Breakers



After a successful 4 week program over winter the All Abilities Soccer Program run by the Phillip Island Breakers Soccer Club is back for a further 8 weeks before Christmas and the club hopes to continue the program in 2023.

The program, run by club coaches Andrew Dean and Gareth Kennedy, has attracted around 30 participants so far and with the sun shining more brightly in the coming months, it promises to get even more popular. The program aims to build skills for adult-aged participants and create a fun social program for all.

GippSport Program Co-Ordinator Gene Parini has been thrilled with the uptake. “A huge thanks to Connecting 2 Australia, Interchange, Scope and Yooralla for supporting the participants to attend sessions and with assisting in the running of games and activity. The Phillip Island Soccer Club have done some fantastic work in the inclusion space over the last few years, and this is a further extension to welcoming more people to the club.”

To find out how to get involved you can contact Gene on 0428 358 335 or gene@gippsport.com.au

Inclusion in Sport

UPDATE

IDPwD Event - Traralgon

Latrobe City Council and GippSport are hosting a **FREE** event to celebrate International Day of People with Disability on Friday 2nd December at Gippsland Regional Indoor Sports Stadium in Traralgon from 10am to 1pm.

Come along and try some parasports, groove along in the Silent Disco (a disco where everyone wears wireless headphones and chooses their own music and volume to groove along to!!), enjoy a sausage and a smoothie from the Blender Bike – or relax in the Chill Out Zone.

See attached flyer and link to register below.

<https://www.eventbrite.com.au/e/international-day-of-people-with-disability-at-griss-tickets-410241552527>



International Day of People with Disability

Friday 2 December 2022
10am to 1pm

Gippsland Regional Indoor Sports Stadium
Catterick Crescent, Traralgon

This venue is fully accessible including hearing assist system and a Changing Places facility (please bring your own sling for use with overhead hoist).



Scan the QR code to register via Eventbrite. For more information, please email livingwelllatrobe@latrobe.vic.gov.au or phone 5128 5775.

www.eventbrite.com.au/e/410241552527

Silent Disco

10am to 12noon

Groove along to your own music through wireless headphones.

All Abilities Sports

10am to 1pm

Come and Try Wheelchair Basketball, Boccia and Goal Ball with GippSport.

Free sausage sizzle
11.30 am to 1pm

Blend your own smoothie on the Blender Bike or relax in the Chill Out Zone.

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Wonthaggi All Abilities Basketball

The Term 4 program has recommenced on Monday nights from 4.15pm at the Bass Coast Community Stadium in Wonthaggi.

For more information you can contact Gene on 0428 358 335 or gene@gippsport.com.au.



Traralgon All Abilities Basketball

PROGRAM UPDATE - Time change*

When: Every Thursday until 8 December 2022.

Time: - Combine Under 18 & Over 18 from 4:30pm - 5:30pm*

Location: Gippsland Regional Sports Stadium Traralgon

Cost: \$5 per session (to be paid online prior to arrival)
Includes: classes, equipment, and entry to the stadium

To register visit:
<https://gippsport.com.au/programsevents/>

For more information contact Amelia at GippSport on 0428 358 336 or email amelia@gippsport.com.au.

Inclusion in Sport



WALKING BASKETBALL - NOW IN 3 LOCATIONS!

- Traralgon/Heyfield/Sale (NEW)

Walking Basketball - Latrobe City

Where: Gippsland Regional Sports Indoor Stadium, Catterick Crescent, Traralgon.

When: Every Monday

Time: 11am - 12pm

No registration required.



Walking Basketball - Heyfield

Where: Gordon Street Reserve Stadium, Heyfield.

When: Every Monday

Time: 12pm - 1pm

Cost: \$10 per person

For more information, please contact Pip Killeen on 0438 100 556 or email pipfit1@gmail.com

DO YOU HAVE PROGRAMS, EVENTS OR GOOD NEWS STORIES TO SHARE?

Send your information to Amelia or Brenton at GippSport

E: Amelia@gippsport.com.au or Brenton@gippsport.com.au

Inclusion in Sport



WALKING BASKETBALL - Sale (NEW)

Walking Basketball is coming to GRSC!

This Basketball Victoria program will be run in partnership with Sale Amateur Basketball Association - SABA and GippSport.

Walking Basketball is a low impact and social version of the game, suitable for participants across all ages, genders and abilities.

Get in touch with us to register your interest!

**Visit our website for more information:
<https://www.grscwellington.com.au/prog.../walking-basketball>**

WALKING BASKETBALL

Walking Basketball is a low impact, social and fun way to improve levels of physical activity

GIPPSLAND REGIONAL SPORTS COMPLEX
Tuesday 8 Nov. to Tuesday 6 Dec. 2022, 11:00am to 12:00pm
FREE with morning tea provided

Contact: Dion Paull
dionp@wellington.vic.gov.au
or 03 5142 3221



DO YOU HAVE PROGRAMS, EVENTS OR GOOD NEWS STORIES TO SHARE?

Send your information to Amelia or Brenton at GippSport

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ALL ABILITIES SWIMMING - LEONGATHA

An exciting opportunity for keen swimmers has kicked off in Leongatha. The South Gippsland Bass Coast Swimming Club is facilitating All Abilities swimming sessions on Monday nights commencing at 5:15 pm.



Where: Splash Leongatha
When: Monday nights from 5:15 pm until 6 pm
Cost: \$5.50 pool entry
What to wear: comfortable swimwear

For more information, please contact Sarah Wickham on 0457 292 403 or email sgb@sgbswimclub.com.au.

ALL ABILITIES TENNIS - WARRAGUL

Warragul Tennis Club has recommenced their All Abilities Tennis program during Term 4.

When: Wednesday's (started on October 5) for 8 weeks.

Time: 4pm - 5pm

Location: Burke Street tennis courts.

Cost: \$5 per session

For more information contact:

Phil Ashcroft
philip.ashcroft@education.vic.gov.au



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SPECIAL OLYMPICS GIPPSLAND CLUB

GippSport is seeking Expressions of Interest (EOI) from people to be considered for an appointment to the Gippsland Special Olympics Club Committee.

The Gippsland Club will comprise of a brand-new overarching committee structure, with two sub-committees. These sub-committees will focus on two varying age groups including one for ages 18 and under, as well as an adult committee (ages 19+).

We strongly encourage and welcome applications from people with a lived experience with intellectual disability, people located in Gippsland, and people with a strong interest in sport.

Click the following link to submit your EOI.

<https://www.surveymonkey.com/r/LR5RFB9>

If you would like to discuss this opportunity further, please contact Brenton at brenton@gippsport.com.au or call 0447 358 330

All Abilities Tennis - Longford

Bionic Tennis Coaching is excited to commence their brand new All Abilities Tennis program in term 4, 2022. This program will be based at the Longford tennis courts with all equipment provided.

Where: Longford tennis courts

When: Every Friday afternoon in Term 4 commencing November 4.

Time: 5:30pm - 6:15pm

Cost: \$5 per session

For more information please contact Nic Bauer on 0409 692 852 or email bionictenniscoaching@gmail.com



Inclusion in Sport



Wheelchair Tennis Traralgon Tennis Association

- 📍 61 Franklin Street, Traralgon
- 📅 Saturday mornings (dates listed below)
- 🕒 11am - 11:45am
- 💰 \$10 per session
- 📞 Contact Susie Grumley for more information via email sec@traralgontennis.com



A social wheelchair tennis program for all ages and abilities. This program caters for wheelchair users as well as able-bodied participants, with wheelchairs and other equipment provided.

Program dates:
Saturday November 5, 12 and 26
Saturday December 3



Wheelchair Tennis - Traralgon

IT'S BACK!!

Traralgon Tennis Association is excited to once again facilitate their wheelchair tennis program commencing Saturday 5 November. Their social program encourages wheelchair users and able-bodied participants to come and have a go.

Where: Traralgon Tennis Association, 61 Franklin Street, Traralgon

When: Saturday mornings

Time: 11am - 11:45am

Cost: \$10 per session

For more information and to register please contact Susie Grumley on sec@traralgontennis.com

SUMMERSALT X Special Olympics Australia

SUMMERSALT GYMNASTICS is flipping excited to be working with Special Olympics Australia to deliver their Young Athletes Program.

Young Athletes Program is an early childhood play program for children with and without intellectual disabilities, that encompasses additional sport skills like running, kicking and throwing!

As part of the program, Movement Educators have been upskilling and undergoing further professional development to fully equip them to assist all SUMMERSALT kidlets to skyrocket!

Every Monday

3:45pm - 4:45pm

6/120 McKenzie St Wonthaggi



For more information email SUMMERSALT at missioncontrol@summersaltgym.com.au

Inclusion in Sport



All Abilities Tennis - South Gippsland and Bass Coast Specialist Schools

Last Thursday was the launch of the Special Olympics All Abilities Tennis program which will run for 8 weeks in Leongatha. Participants are coming from South Gippsland and Bass Coast Specialist schools and judging by the first session it is going to be a fun packed program with some amazing skills on display. Local coach from South Gippsland Tennis Coaching, Matt Pocklington, was extremely impressed with participants engagement and willingness to improve their skills.

GippSport are thrilled to be partnering with Special Olympics Australia and the schools to provide this opportunity.



Inclusion in Sport



All Abilities Cricket - Latrobe Valley

LATROBE VALLEY
'ALL-ABILITY' CRICKET
MASTER BLASTERS PROGRAM
TERM 4, 2022



'All-ability' sports are about fun and participation for **EVERYONE!** The local All-ability groups are parent-run and driven, so cater directly to the needs of kids with additional needs in the local area. During the sessions a variety of games and activities are played to learn and develop new skills, activities are modified so that everyone can 'have a go!' Participants can also benefit socially by making new friends and feeling part of a team.

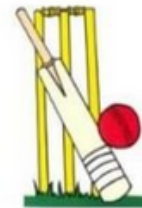
All school aged children with additional needs are invited to join us for 'ALL Ability' Cricket, the sessions will run weekly during Term 4, 2022

Sessions will be held at

Traralgon West Cricket Club 'West-end' – Jack Canavan Oval,
Douglas Parade, Traralgon on

**TUESDAY\$ from 5pm – 5.45pm, starting
October 4th,**

then every Tuesday till end of Term 4
(except Melbourne Cup Public holiday)



A parent/carer must attend and be willing to participate with the child.

Cost is \$20 for the Term – siblings welcome to join in too!

Registration form & payment due by 18/10 to be eligible for a Master Blasters pack.

Please let us know if there are any issues.

*For more information or questions phone Sam (Coach)
0414516295 or Louise Varsaci 0414540296 or find us on
Facebook - All-ability Sports, Latrobe Valley*