

FOR COACHES

TIPS TO DEAL WITH

POOR SIDELINE BEHAVIOUR

1 SET EXPECTATIONS EARLY:

Before the season starts, make sure to have a meeting with the parents to discuss expectations for sideline behaviour. Clearly communicate what is and isn't acceptable and explain the impact that negative behaviour can have on the team.

2 STAY CALM:

As a coach, it's important to stay calm when dealing with poor sideline behaviour. If you get angry or confrontational, it can escalate the situation and make it more difficult to resolve. Take a deep breath and approach the situation in a calm and rational manner.

3 ADDRESS THE BEHAVIOUR:


If you witness poor sideline behaviour, it's important to address it as soon as possible. Approach the parent calmly and respectfully and explain how their behaviour is impacting the team. Be specific about what they are doing wrong and suggest alternative behaviours.

4 OFFER SOLUTIONS

Instead of just pointing out the problem, offer solutions to help improve the situation. For example, suggest that the parent focus on supporting their child and the team in a positive way, or encourage them to volunteer to help with the team in a different capacity.

5 FOLLOW UP

After addressing poor sideline behaviour, make sure to follow up with the parent to ensure that the behaviour has improved. If necessary, continue to have conversations with them throughout the season to ensure that they are maintaining positive sideline behaviour.



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