

CHANGE GIPPSLAND'S GAME GIRLS IN SPORT FORUM



Tuesday 2 October 2018 at The Summit

**The Change Gippsland's Game Girls in Sport Forum is supported by
Change Our Game, an initiative of the Victorian Government**

**GIVING GIRLS TOOLS AND INSPIRATION TO BECOME LEADERS OF
SOCIAL CHANGE**



CHANGE GIPPSLAND'S GAME

GIRLS IN SPORT FORUM

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CHANGE GIPPSLAND'S GAME GIRLS IN SPORT FORUM

1 | CHANGE GIPPSLAND'S GAME –GIRLS IN SPORT FORUM

Change Gippsland's Game is an exciting workshop for girls aged 14-16 to start their journey on becoming the next generation of female leaders, and help us work with the Gippsland sport sector to be more welcoming, inclusive and supportive for women & girls.

We are inviting 50 young aspiring female change makers from across Gippsland, those who may currently play traditional sport, social sports or who may not be involved in sport at all but have ideas and thoughts on how to activate young women and influence their communities.

This one day forum, hosted by GippSport, is funded by the Victorian Government's Office for Women in Sport & Recreation to empower Gippsland girls to share their experiences and co-design with us opportunities for girls in their age range to increase participation in sport and recreation within the Gippsland community. GippSport is working to build an inclusive sport and recreation sector that supports women and girls to play and be involved in the sports they love in a safe, supportive and empowering environment.

GippSport has engaged Dr Erica Randle, Research Fellow at Latrobe University Centre of Sport & Social Impact, to facilitate the day. Dr Randle is leading the Sport Australia's Youth Participation Research project and will be facilitating the session to help us better understand our community's needs and empowering the participants to design solutions that can help Gippsland.

It will be an awesome day, filled with activities and workshop sessions. We will conclude the forum with attendees and the GippSport staff participating in a Monster Obstacle course, facilitated by the amazing Summit team. The course includes a range of physical challenges, mental puzzles and it will test your skills. Everyone will finish with a great sense of achievement having completed something they thought they couldn't or shouldn't.

CHANGE GIPPSLAND'S GAME –GIRLS IN SPORT FORUM

When: Tuesday 2 October 2018

Where: The Summit, Trafagar

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2 | CHANGE OUR GAME

The Victorian Government is committed to increasing the number of women and girls participating in sport and active recreation, from grassroots through to leadership roles.

The sport and recreation sector, state and local governments and other partners across Victoria are now actively working together to bring about this change. Having strong partners is the key.

'**Change our Game**' is a rally cry to ignite an undeniable desire amongst women and men who want to see their sport and recreation activities prosper into the future.

Women and girls make up just over half of the Victorian population, and we know through academic graduation rates and other measures that women have skills, knowledge and experience that are equal to men. Yet the overwhelming women are under-represented in leadership roles in the sport and active recreation sector.

Change Our Game goals

- Champion leadership for women in sport
- Challenge traditional stereotypes and structures
- Develop new participation and leadership opportunities
- Nurture new ways of 'thinking' and 'doing' through education and training
- Promote female sports, role models, recreation opportunities and pathways – whether they focus on participation or leadership – to provide an opportunity for inspiring and engaging more women and girls.



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3 | CHANGE OUR GAME AMBASSADOR: SHANTELLE THOMPSON

We are excited to announce that Shantelle Thompson will be attending the Change Gippsland's Game - Girls in Sport Forum.

Shantelle is a Barkindji woman, mother of three, Victorian Regional Coordinator for the National Stolen Generations Alliance, freestyle wrestler on the Australian wrestling team, Brazilian Jiu Jitsu athlete and World Champion.

Her vision is to empower women and girls, challenge stereotypes and become a leader within her community. Shantelle has set about co-ordinating and developing women's empowerment programs, and youth leadership development programs.

In June 2016 Shantelle won her second Jiu-Jitsu World Championship title at the International Brazilian Jiu-Jitsu Championship held in California, USA, and is now the Super Heavy Purple Belt World Champion.

4 | THE VENUE

[The Summit – Outdoor Adventure Park](#)

Located in Baw Baw Shire the summit is a multi-award winning, 50 acre outdoor adventure park with a primary focus on providing inspiring and life changing experiences through a combination of meaningful programs and powerful activities that build self-worth, character, success and happiness.

The Summit
21 Cemetery Road
Trafalgar East, 3824
5633 3236

Please note that while all events and activities during the forum take place indoors there will be, on occasion time spent outside. As Gippsland weather in October can be quite unpredictable we suggest participants dress to the forecast.

Our activities will be held in [the lodge](#).

Parking: Complimentary parking is available onsite.

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5 | AGENDA

Date Tuesday 2 October 2018

Time		Activity
8:30 – 9:00am	Arrival	Check In
9:00 – 9:45am	Introduction	House keeping Ice breaker Activity Acknowledgment of Country Aims of day
9:45 -10:45am	Session 1	Workshop: How do you feel about participating in sport and physical activity?
10:45 – 11:00am	Morning tea	
11:00 – 11:30pm	Game 1	Physical activity / game with a purpose
11:30 – 12:00pm	Guest Speaker	Shantelle Thompson Change Our Game Ambassador
12:00 – 12:30pm	Lunch	
12:30 – 1:45pm	Session 2	Workshop: What do you want sport / physical activity to look like?
1:45 – 2:00pm		Next steps – Support participants to implement outcomes, and plan a working group
2:00 – 2:30pm	Session 3	Get changed and ready!
2:30 – 4:30pm		Monster Obstacle Course
4:30 – 5:00pm		Get cleaned up Wrap up for the day
5:00pm		Check out Collection by parent / guardian

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6 | GETTING TO/FROM CHANGE GIPPSLAND'S GAME FORUM

Participants will need to make their own way to and from the forum at the Summit. We suggest carpooling with people from your community, sports clubs or local government area.

Please note we may be able to assist in connecting you with other participants to car pool. If you require assistance contact Amelia – 0428 358 336.

7 | ON ARRIVAL/ DEPARTURE

Participants will need to check in at the marquees located at the front of the venue. Once all participants have checked in, they will be directed to the lodge. Participants can be collected from the marquee at the conclusion of the day.

8 | CATERING

Awesome food is an important part of any forum experience. GippSport & the Summit team have organised morning tea, lunch and afternoon tea, this is complimentary to participants.

9 | DIETARY REQUIREMENTS

Special dietary requirements can be catered for throughout the forum. Please notify us on submitting your expression of interest form of any dietary requirements.

10 | ATTIRE

Comfortable casual attire will be suitable for workshop activities and closed toe shoes are preferred.

A change of clothing is recommended when completing the Monster Obstacle course at the conclusion of the day. Please be aware that clothing may get wet and muddy. There will be showers and change rooms available.

GippSport & the Summit team recommend to wear secure comfortable clothing and closed toe shoes, we also recommend a towel and plastic bag for dirty clothes.

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11 | GIPPSPORT

GippSport is the peak body for community sport in Gippsland and is one of nine Regional Sports Assemblies that formulate Regional Sport Victoria.

GippSport is committed to giving the broader Gippsland community the opportunity to participate in sport and recreation.

Funded by the Victorian Government through Sport & Recreation Victoria and Vichealth, GippSport supports local clubs and associations to be sustainable in their operation, introduce a range of new sport activities to the region, as well as providing innovative programs to grow physical activity opportunities for the whole region.

GippSport is committed to safeguarding the safety and wellbeing of children and young people. All participants in GippSport activities have a right to feel and be safe. The welfare of children and young people in our care will always be our first priority. GippSport has a zero tolerance approach to child abuse.

12 | PHOTOS & VIDEOS

GippSport regularly produces photographs and videos of its programs and activities in its publications, promotional and marketing material and on its website and social channels. This is to promote GippSport as well as to promote the activities of Victorian Government funded programs for the community.

GippSport will use videography and photography throughout the forum and will be seeking your consent for us to do so with any images of you. Participants and their parents/guardians will be asked to sign a media consent form on arrival. Please make sure staff are aware if you don't consent to videography and photography.

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13 | KEY CONTACT INFORMATION

Amelia Evison
GippSport Program Coordinator
m: 0428 358 336
e: amelia@gippsport.com.au

Please do not hesitate to contact Amelia for further information or assistance in the lead up & over the course of the forum.

Other Important Contacts:

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